



YUMIN CONNECTS

A Publication of Yumin Primary School

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A WARM WELCOME TO 2022

Dear Parents,

Flourishing with a Growth Mindset is our theme for 2022! To help lay the foundation for our students to flourish with a growth mindset, we intentionally carve out multiple opportunities throughout the school day, and provide guidance for students to reflect on the challenges they face, think about how they are responding to those challenges, and also consider alternative options that could be more productive.



We can help children cultivate their response to challenges, be it about learning a new Math concept or a swim stroke, or making new friends. Children create frames to experience and see life through the adults in their lives, and how we respond to the challenges they face influences the interpretations they make. As we consider our own mindset towards challenges and cultivate an attitude of acceptance, gratitude and reflection, we can both model resilience and guide our children to develop a similar one.

According to an author, Shefali Tsabudy – a parenting expert, children need multiple opportunities to “feel, fail, and fall” in their lives. That is how they learn about life and how the world works, about who they are, and how to navigate through life effectively. The more opportunities children have to face setbacks, failures, and disappointments with caring, non-anxious adults there to support them, the more their muscle mass and muscle memory will grow.

SNEAK PEEK OF WHAT'S INSIDE:

- **START IT RIGHT**
- **STUDENTS LEADERS' INVESTITURE**
- **CELEBRATING CHINESE NEW YEAR**
- **TOTAL DEFENCE DAY**
- **SPICE GARDEN**
- **RECYCLING @ YMPS**
- **NEW STAFF**

SCHOOL VISION

A CHAMPION IN EVERY CHILD

SCHOOL MISSION

TO BUILD CHARACTER
TO CHALLENGE MINDS
TO ENRICH LIVES

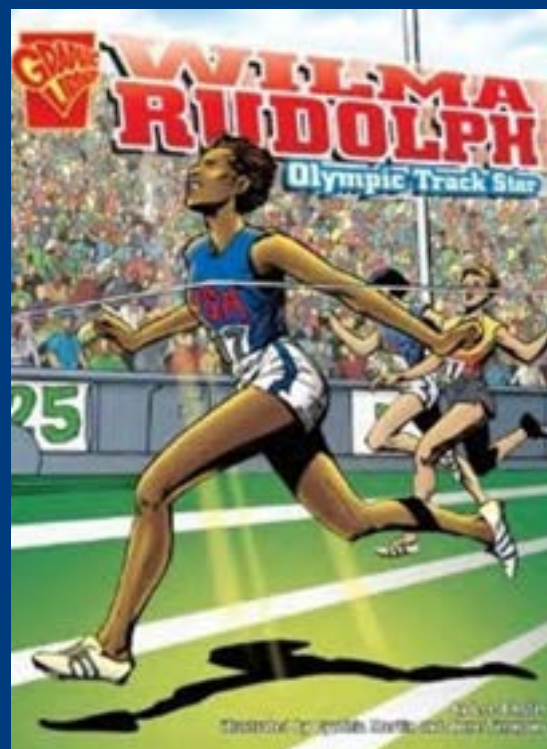
SCHOOL VALUES

RESPECT
COMPASSION
INTEGRITY
PERSEVERANCE
LEAD SELF

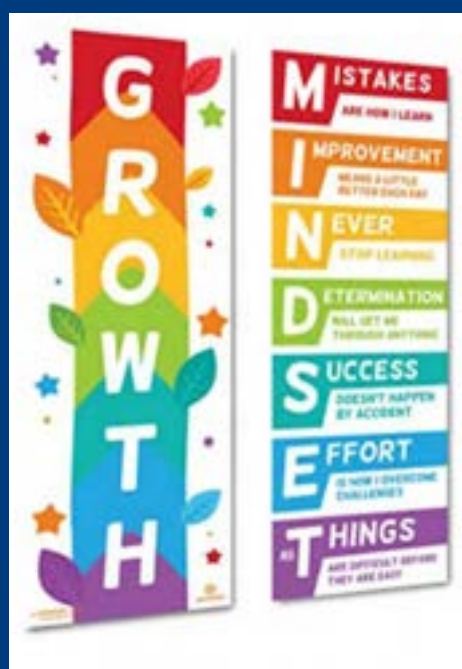


Using this year's theme, we aim to teach our Yumin Champions that our thoughts, words and deeds make a difference. We aim to share many stories that we hope will capture the students' imagination. Seeing other people demonstrate skills has a big impact on our beliefs that we too, can do it.

In the story of Wilma Rudolph, the students learn that after having polio as a child, Wilma was told she could not walk again, let alone run! But Wilma was determined, and she worked hard, becoming the first American woman to win three gold medals at the Olympics. This incredible story is an opportunity to share the growth mindset and determination that Wilma had to help her overcome her challenges.



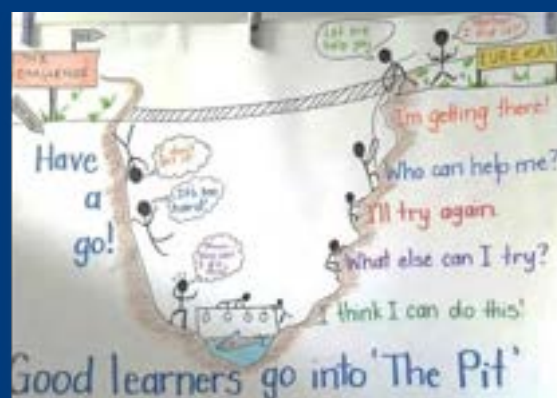
There is scientific research that inspires us to keep striving to be our best. In a fascinating study to test one's limits, researchers asked participants to cycle as hard as they could for 4km. Later, participants were given the same instructions while they raced against a virtual avatar of their previous ride. What they did not know was that the avatar was actually going faster than they did previously. The results? The cyclist, riding alongside their own avatars, rode significantly further than their previous maximal effort. This is an excellent research study to share with your children and highlight that they should always strive to be their best self!



We are mindful that our Growth Mindset efforts do not remain as concepts, but that we consciously help students to make connections to their individual behaviour, practices, and most importantly, the outcomes. While Growth Mindset stretches performance beyond previous levels, it is fundamentally a practice that opens up new paths and increases resilience after setbacks. It is a never-ending journey. On the other hand, Fixed Mindsets are part of everyone and do not simply go away. Identifying them and working with them is a lifelong journey.

Fixed Mindsets become pathways to development when we learn to consciously shift them to a Growth Mindset and learner agency, which we hope to foster through our efforts to explicitly unpack the 4 Learning Dispositions (Motivation, Resilience, Focus & Independence, and Curiosity).

Most of our children fall into the learning pit at some point or another. Some children are stuck when they find they are challenged or are confused and may remain there! We want to equip Yumin Champions to develop learner agency and to start thinking about what they know and don't know or what they can do and cannot do (yet)!



Here are some questions we can use to help students get out of the pit:

What did you do today that made you think hard?

What mistake did you make that taught you something?

What happened today that made you keep on going?

What can you learn from this?

'WHAT'
QUESTIONS TO
DEVELOP A

GROWTH MINDSET

IN CHILDREN

What did you try hard at today?

What strategy are you going to try now?

What will you do to challenge yourself today?

What will you do to solve this problem?

What will you do to hone your talent?

What will you do to improve on your work?



I invite you to join us in this journey as we help our students to start the year right and flourish with a **Growth Mindset!**

Warm Regards,

Mdm Rao

START IT RIGHT

START-IT-RIGHT PROGRAMME

During the first week of school, all Yumin Champs were involved in the Start-It-Right (SIR) programme to help them transit well to the new school year. Together with time spent catching up with their friends and teachers during class and recess times, students were definitely glad to be back at school!

The following segments show the various activities that students were engaged in during the SIR programme.

P1 – P2 Little Champs



P2 Little Champs with their own birthday cake!



One of the Class Identity Boards



P2 Harmony's Birthday Cake



Learning to sing the National Anthem



P1 Little Champ learning how to button her blouse



Contributing to the Class Identity Board



P2 Little Champs with their own birthday cake creations



Some of the wonderful Class Identity Boards!

START IT RIGHT

P3 – P4 Budding Champs

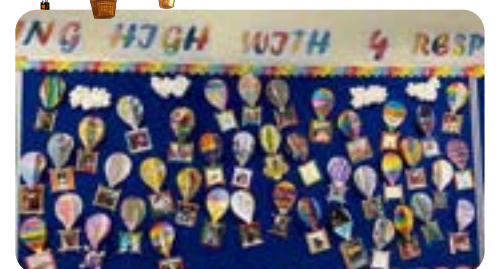
Our Budding Champs with their gratitude galleries and their Class Identity Boards using frames made of ice cream sticks!



P4 Integrity Class Identity Board



Champion from P3 Perseverance



Gallery of Gratitude

START IT RIGHT



Our P5 Champs during the Yumin Focus activity



P6 Compassion inspirational quotes



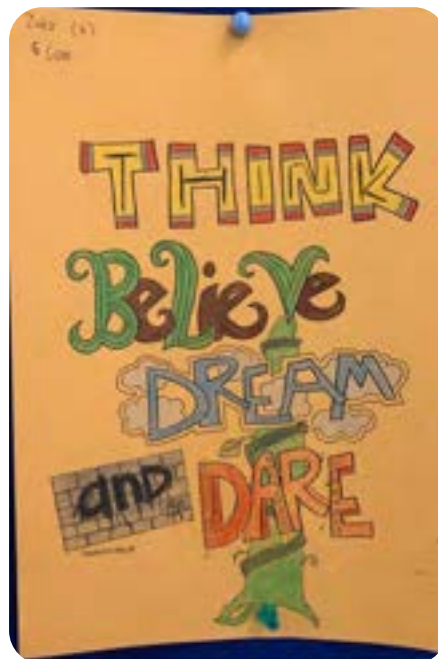
P6 Perseverance Let's Move activity

P5 – P6 Flourishing Champs

P5 Bonding Activities : 'Trust me' and 'Yumin Focus'



P6 Personal Inspirational Quote Posters



2022 Student Leaders' Investiture

On 4 February, our school organised our annual Student Leaders' Investiture. It was an important event where student leaders pledged their commitment to be good role models and to live up to the leadership guiding principle of "Lead, Serve and Achieve".

This was the second year that we had taken a different approach in the organisation of the Student Leaders' Investiture due to the COVID-19 pandemic. The event was pre-recorded and uploaded on Parents Gateway for viewing by student leaders and their parents.



The investiture began with a march-in by student leaders. This was followed by a message from our Principal, Mdm Rao, challenging the student leaders to live up to expectations and strive to be a better leader each day. The student leaders recited their student leaders' pledge to show their commitment to lead and serve to the best of their abilities. The newly-appointed P3 and P4 student leaders beamed with pride as the senior prefects presented them with their ties to formally welcome them to the Prefectorial Board.

Despite the investiture being a little different from previous years', where the entire student population used to be gathered at the hall to witness the event, it did not stop the Yumin Champions from showing their support and admiration through resounding claps and cheers, which reverberated throughout the school when the video was played during the assembly period. The experience was indeed a meaningful and heartwarming one for all student leaders and their parents.



STUDENT LEADERS' INVESTITURE



All waiting for the event to start



Queueing up in anticipation



Congratulations to Student Leaders
for 2022!

Celebrating CHINESE NEW YEAR



Ushering in the Year of the Tiger



Putting together the reunion dinner



Paper quilling activity



Our very own Lion Dance!



The Chinese Department organised a meaningful Chinese New Year celebration at Yumin Primary this year. The festive occasion began with the School Leaders using the Huichun Calligraphy (挥春) to write the letters 'CHAMPS', while three selected students wrote the words “勇”, “信”, “达”, symbolising our wishes for students to develop into confident and effective communicators.



Some students wore their traditional costumes to school that day, and the vibrant colours across all levels added on to the festive mood. They watched the concert virtually from their classrooms, and also engaged in fun activities that were prepared for them by their teachers. The P1 to P3 students used the templates provided to put together their own unique Reunion Dinner, while the P4 to P6 students were engaged in paper quilling and created beautiful floral designs on the pre-printed cards. These activities allowed students to unleash their creativity, develop mindfulness, as well as hand-eye coordination, especially in the paper quilling activity.

It was indeed a fun and enriching day for both students and staff, and our Yumin Champions definitely learnt more about Chinese New Year festive traditions that day!



TOTAL DEFENCE DAY 2022

Every year, Total Defence Day (TDD) is commemorated on 15 February. This year marks the 80th Anniversary of the Fall of Singapore when Singapore fell to the Japanese in 1942 during World War II, a dark chapter of suffering in Singapore's history. TDD is a reminder of the dreadful consequences of a weak national defence.



To commemorate this day, students listened to the presentation by Defence Minister, Dr Ng Eng Hen, who spoke on the 6 Pillars of Total Defence and reiterated that Total Defence requires every Singaporean to do his or her part. They were reminded of the challenges faced in recent years, especially the current Covid-19 pandemic and the ways Singaporeans, in solidarity, had put Total Defence into action, hence strengthening our resolve to keep Singapore safe and secure.



TDD-themed classroom activities were organised for the students. In fact, some students turned actors and actresses that day as they role-played in a fire drill video and showed how the 6 Pillars of Total Defence could be enacted in the school setting.

During recess, students got to taste what was typically eaten during the Japanese Occupation – plain porridge with boiled sweet potatoes that our canteen vendor helped to prepare. This was the second consecutive year that this activity was conducted, and it was well-received by students, some of whom came back for an additional serving! Regardless, the intent was to remind them of the dire lack of food and poor nutrition that led to diseases during the war and to appreciate the peace and harmony that Singapore enjoys today.



One of the highlights for TDD this year was to grow sweet potatoes in recycled bottles. This activity served to help the staff and our Primary 6 students re-live the times when families were encouraged to grow their own vegetation during the Japanese occupation. As a nation, we have turned to urban farming, and this activity not only helped students be equipped with the skills, knowledge and interest to grow their own vegetables, it also drove home the message of the need for the country to consider how we can continue our efforts to build a more self-sustainable future.

TOTAL DEFENCE DAY



Growing the sweet potatoes!



Recess Play!



Our Little Champ trying out the porridge - all smiles!





ARIF BUDIMAN CILIK (ABC) INTERACTIVE GARDEN @YPS

On 9 March 2022, the Malay Department, in collaboration with the Science Department, officially launched Yumin's Arif Budiman Cilik (ABC) Interactive Garden. The objectives of this initiative to develop our very own spice garden are as follows:

To enable the upper primary Malay students the opportunity to explore different types of herbs and spices and learn more about the many benefits that these plants provide

To facilitate experiential learning through meaningful outdoor experiences

To cultivate a sense of care for the environment and in so doing, shape students' character and attitude

The students were engaged in activities that encouraged them to develop their curiosity and ask questions. Using their iPads, students scanned the QR codes beside each of the herbs and spices, and accessed information and quizzes to enhance their learning.



Spice Garden Opening Ceremony



Finding out more about the spices and herbs

Moving forward, the department will continue to engage students in activities that will require them to work in teams, and experience authentic learning through exploration. Students will be using their five senses to learn about the culinary and medicinal uses of the various herbs in this interactive garden. They will also be given opportunities to demonstrate their understanding through a presentation platform. In so doing, the department hopes to develop students' teamwork, critical thinking and leadership skills, as well as their confidence as they express their creativity through the various activities.



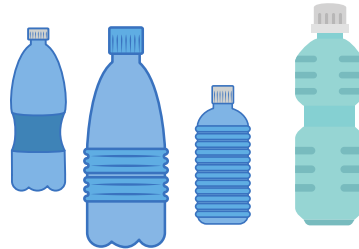
"Interesting fact! I didn't know that!"



RECYCLING @ YUMIN

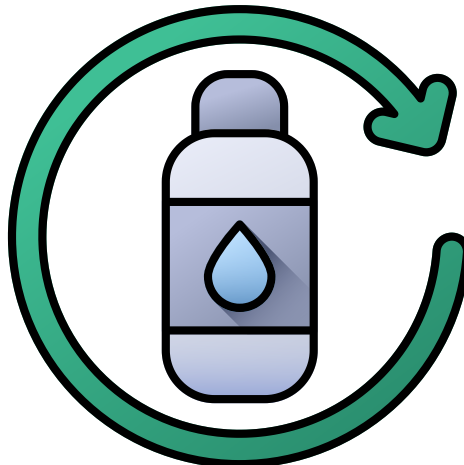


While polyethylene terephthalate (PET) plastic bottles are convenient and useful, disposing them is a tricky affair. It can take up to 700 years for one plastic bottle to biodegrade! Plastic bottles thus fill up our landfill space and cause environmental pollution as they decay, giving off chemicals that can get into our water and air. To encourage our Yumin Champions to do their part to save the environment, we have placed a Roving Vending Machine (RVM) at our heritage corner to encourage staff and students to recycle PET bottles and aluminium cans.



In the month of January, our students deposited a total of 1041 plastic bottles and aluminium cans into the RVM! We were very happy that these 1041 items did not end up in our landfills but were instead repurposed into new products!

Imagine how much plastic we generate as a country! Together, our collective efforts can make a huge difference for our environment. Go Green! We encourage everyone at Yumin to continue this recycling effort, not just in school but in your homes too!



ECO RECYCLING



One bottle at a time



Look at the number of empty plastic bottles!

*NEW
Staff*



Welcome

To The
Yumin Family



(From left to right) Ms Lim Siew Siew, Ms Uma d/o Sivalingam (AED LBS), Ms Wang Xiujun (Jean), Mr Tim Kiew Ji Cai

